

BIDDEFORD

Timber Point Trail
Clifford Park

BRUNSWICK

Crystal Spring Farm

CAPE ELIZABETH

Winnick Woods
Stonegate Trails
Spurwink Trail
Robinson Woods
Poor Farm
Great Pond Trail
Gull Crest Trail
Two Lights State Park Loop

CUMBERLAND

Knight's Pond Preserve
Twin Brook Recreation Area
Rhines Forest
Broad Cove Reserve

FALMOUTH

Gisland Farm Maine Audubon
River Point Conservation Area
Mackworth Island
Falmouth Community Park
Falmouth Nature Preserve
Blackstrap Hill Preserve
Underwood Springs Forest
Pine Grove Preserve

FREEPORT

Calderwood Trails
Wolfe's Neck Woods
Hedgehog Mountain
Cousins River Trail
Bliss Woods
Florida Lake Loop
Winslow Park
Pineland Farms

GORHAM

Shaw Cherry Hill Farm
Gorham Pump Track
Frazier Preserve
Little River Preserve
Babb's Covered Bridge
Hawke's Preserve

HARPSWELL

Cliff Trail
Skolfield Shores Preserve
Hackett & Minot Trails
Bowdoin College Coastal Studies
Center

KENNEBUNK

Parson's Beach
Alewife Woods Preserve

NEW GLOUCESTER

Great Falls Preserve
Pineland Farms

NORTH

YARMOUTH/YARMOUTH

Old Town House Park
Little John Island Preserve
Fels-Grove Preserve
Memak Preserve
Pratt's Brook Park
Royal River Park Loop
Bear, Chipmunk and Moose Trail
Loop

PORTLAND

Baxter Woods
Presumpscot River Preserve
Back Cove Trail
Fore River Sanctuary
Eastern Promenade Trail
Fore River Trail
Capisic Pond Trail
Stroudwater Trail
Riverton Trolley Park
Evergreen Cemetary
Peak's Island
Riverside Golf Course
Forest City Trail
Riverside Golf Course
Midslope Trail

SACO

Horton Woods
Cascade Falls Trail

SCARBOROUGH

Eastern Trail
Cliff Walk at Prouts Neck

Fuller Farm Preserve
Pleasant Hill Preserve
Libby River Farm Preserve
Blue Point Preserve
Pine Point Beach

SOUTH PORTLAND

Spring Point Ledge Lighthouse
Hinckley Park
Greenbelt Walkway
Trout Brook Nature Preserve
Dow's Woods

TOPSHAM

Head of Tide Park

WESTBROOK

Mill Brook Preserve South
Mill Brook Preserve
Mill Brook Preserve via MAGAN
Pride Preserve
River Link Trail

WELLS

Barrier Beach Trail and
Laird-Norton Trail Loop

WINDHAM

Gambo Preserve

Click on trail to view details.